



# REFLECT, RENEW, REDEDICATE

*Leave the world a better place tomorrow than it is today*

7 SIMPLE SUGGESTIONS FOR THE 7 WEEKS OF LENT

✿  
**WEEK**

**1**

March 6  
Ash Wednesday

READ  
PSALM 51:1-17

Reach out to a forgotten friend with a hug, a handwritten note, or a home-cooked meal.

✿  
**WEEK**

**2**

March 10-16

READ  
LUKE 4:1-13

Lend a hand to someone in need by running errands or assisting with chores.

✿  
**WEEK**

**3**

March 17-23

READ  
ISAIAH 55:1-9

Help plan a community service project such as a neighborhood cleanup.

✿  
**WEEK**

**4**

March 24-30

READ  
2 CORINTHIANS 5:16-21

Volunteer to walk dogs or help socialize cats at your local animal shelter.

✿  
**WEEK**

**5**

March 31-April 6

READ  
PHILIPPIANS 3:4B-14

Give up buying coffee or takeout for a week and donate the money saved to a local charity.

✿  
**WEEK**

**6**

April 7-13

READ  
JOHN 12:1-8

Seek reconciliation with someone whom you have wronged.

✿  
**WEEK**

**7**

April 14-20

READ  
LUKE 22:14-23:56

Forgive someone who has hurt or offended you with a kind gesture.

*This Lenten season, how are you working to make the world a better place tomorrow than it is today?*

**SHARE YOUR VISION WITH THE MEMCHURCH COMMUNITY ON FACEBOOK & INSTAGRAM.**

## PLEASE JOIN US FOR THESE LENT, HOLY WEEK & EASTER SERVICES

**March 5, 6-7pm**  
SHROVE TUESDAY  
PANCAKE SUPPER

**March 6, 12:10-12:30pm**  
ASH WEDNESDAY SERVICE

**April 14, 11am**  
PALM SUNDAY SERVICE  
Preacher: The Rev. Dr. Bill Leonard, Wake Forest School of Divinity. Anthems: Weelkes, Hosanna to the Son of David; Mathias, Lift Up Your Heads.

**April 15-19, 8:30-8:45am**  
MORNING PRAYERS  
Ecumenical reflections on the meaning of Holy Week from Harvard Chaplains.

**April 16, 7pm**  
MUSICAL MEDITATION  
Stabat mater by Francis Poulenc and Jesu, meine Freude by J. S. Bach. Harvard University Choir.

**April 17, 7pm**  
ORGAN RECITAL  
Improvisations inspired by the Fourteen Stations of the Cross. Carson Cooman and Thomas Sheehan.

**April 18, 7pm**  
MAUNDY THURSDAY SERVICE

**April 19, 12-2pm**  
GOOD FRIDAY SERVICE  
Meditations upon the Seven Words from the Cross.

**April 21, 6am, 8am, 11am**  
EASTER SUNDAY  
Easter Sunrise Service, 6am

**Easter Worship Service, 8 & 11am**  
Preacher: Prof. Jonathan L. Walton. Anthems: Mozart: Mass in C Major, K. 220; Hampton: A Repeating Alleluia. Church School for Children will be held during the 8 & 11am services. An Easter Egg Hunt will be held at 9:30am.



“It is up to us to leave our country and our world a better place tomorrow than it is today. That is where true greatness lies.”

—Harvard President Lawrence S. Bacow  
 October 2018 Installation Address

Dear Friend,

What do you—and I—owe the world?

The approaching Lenten season, with its call for reflection, reconciliation, and renewal, is an ideal time to consider this question.

Lent invites us on a 40-day-long journey into the wilderness of our hearts, following the example of Jesus Christ. The Gospels narrate Jesus’ withdrawal into the Judean Desert for 40 days and nights.

Some assume that Lent is only about sacrifice and abstinence. But let us be reminded that “Lent” began as the Anglo-Saxon word for “spring.” The season of Lent is a time of new opportunity. It’s not simply about what we can deny, but also new habits that we might begin.

Let us then approach Lent as an opportunity to make a fresh start. Let us quiet our minds and nurture our souls. Let us take stock of our lives and deeply consider—What do we owe the world? How can we leave the world a better place tomorrow than it is today?

Let us ask if we are each as fully committed to the pursuit of kindness, justice, and love as we would like to be? What changes do we need to make?

On the other side of this letter, we offer simple suggestions for enlarging our collective capacity for compassion, empathy, and love during the Lenten season.

Join me and the entire MemChurch staff in making these 40 days a time of reflection, renewal, and re-dedication. Let us not be daunted by the enormity of our task but seek only to do better, to be better. We can thus become ever more committed to acting justly, loving mercy, and walking humbly.

One Luv,

Jonathan L. Walton

*Plummer Professor of Christian Morals and Pusey Minister, The Memorial Church of Harvard University*

*P.S. Walk alongside the MemChurch community this Lenten season. See the reverse side for simple suggestions during Lent on how to make this a time of new beginnings.*



TURN OVER

❧ MAKING THE MOST OF LENT ❧

*Seize the Day*

Join the MemChurch community worldwide in making the 2019 Lenten season a time of reflection, renewal, and rededication to the principles of truth, justice, and fairness. Seize this opportunity to take stock of your life and deeply consider ***What do I owe the world? How do we leave the world a better place tomorrow than it is today? What changes will you make?***